

KKI January to March 2012 Program

Theme: Faith and Family

For the months of January to March 2012, we will focus on the relationship between our Catholic Christian Faith and Family life. So, all our meetings and Masses will focus on this theme. The activities are found on the KKI Colorado website. All are encouraged to attend the activities and work towards renewing and strengthening the relationship within their family near and far.

Each month, one Friday is dedicated to an activity titled, "Family Friday." What does this activity mean and what are you requested to do on that Friday?

The main purpose of "Family Friday" is to promote face-to-face family interaction. It is a Friday where we will not gather at anyone's house. Instead each family is requested to gather in their own homes and spend the Friday evening with prayer, meal and conversation. Briefly do the following:

1. **Begin with a short prayer for the family.**
2. **It is strongly recommended that the family does not watch television or go to a movie on this Friday evening.**
3. **Have dinner together.**
4. **Spend time during and after dinner talking about the ways in which God has blessed their family.**
5. **Finally, conclude by praying one decade of the Rosary for the family.**

So, you must take time to plan for this activity and make sure you are not doing something else on this Friday evening. The success of the evening depends on you. And keep the atmosphere positive. **It is not a time to discuss family, work, or school related problems. Rather it is a time to focus on the good things God has blessed the family with.**

Some of us do not have any family members here in Colorado. For them, it is recommended that you telephone, email, or write a letter during that week. If you are telephoning, you can call one or two members a month as it may be expensive. Writing letters is a very good way too because your family can read the letter many times over. You can also send them photographs. Again, the focus is on the positive aspects of your family.

Finally, each day from January to March 2012, let us all pray for families and family life.

Thank you

In Christ,

Fr. Richard Anthonyamy, SJ